

## FOR IMMEDIATE RELEASE

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### **ROAD SCHOLAR OFFERS NEW RESPITE OPPORTUNITY FOR GROWING NUMBER OF BABY BOOMERS AND BEYOND IN THE CAREGIVER ROLE**

BOSTON (November 12, 2015) — As the leading nonprofit educational travel organization for adults 50 plus, Road Scholar is pleased to announce its new Caregiver Grants program to provide Boomers and beyond with financial assistance to participate in our U.S.-based educational travel programs. According to *Caregiving in the United States 2015*, published by the AARP Public Policy Institute and the National Alliance for Caregiving, nearly 1 in 10 caregivers in the U.S., or over 3 million adults, is now 75 years of age or older.

Not-for-profit Road Scholar has been dedicated to making the benefits of lifelong learning accessible to all older adults for 40 years. Road Scholar participants report that they benefit from our unique combination of study, travel, and friendship – a combination that is especially helpful for caregivers experiencing isolation and feelings of depression, stress and anxiety.

“Road Scholar is able to offer financial assistance thanks to our generous donors,” says James Moses, president and CEO of Road Scholar. “Through our grants, we strive to make experiential learning accessible to older adults who couldn’t otherwise benefit from a Road Scholar experience. Scholarships have such a positive impact on so many lives; we are pleased to be able to recognize the needs of caregivers by extending the opportunity to them, especially during National Family Caregivers Month.”

Thanks to a Road Scholar Caregiver Grant, 70-year-old Dessa S. recently returned from a learning adventure in Minnesota, *Lake Superior from Historic Naniboujou Lodge: Fur Trade History, Culture Walks*. As a caregiver to her adult daughter fighting the final stages of multiple sclerosis, the quiet beauty of Lake Superior provided a much-needed respite to Dessa.

“My daughter said, ‘You have to go and be my eyes,’ ” Dessa says. “I came back energized to be with my daughter on her journey – our journey. This experience was very life giving to me and life giving to her.”

As the nation’s largest educational travel institution for adults and an organization at the forefront of the Lifelong Learning Movement, offering financial assistance to caregivers honors Road Scholar’s mission to inspire adults throughout society to learn, discover and travel. For more information on the Caregiver Grant program, visit [www.roadscholar.org/caregivergrant](http://www.roadscholar.org/caregivergrant).

### **About Road Scholar**

Road Scholar is the nation's largest educational travel organization for adults. The not-for-profit offers 5,500 extraordinary educational adventures in 150 countries and 50 states for individuals dedicated to lifelong learning. Road Scholars are immersed in a variety of experiential learning activities, enlisting world-renowned faculty and local experts who offer insider access not available to most individuals. Dedicated to making educational travel available to everyone, Road Scholar offers financial assistance for those who otherwise could not participate in its programs.

Road Scholar educational adventures are created by Elderhostel, the not-for-profit world leader in lifelong learning since 1975. To learn more, please visit our website at [www.roadscholar.org/press](http://www.roadscholar.org/press).

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