EIN MONTHLY NEWSLETTER
November, 2012

NEW EIN WEB POSTINGS FOR NOVEMBER
Under LLI PROGRAM IDEAS 1
Frontiers of Science – OLLI, Berkshire CC, Massachusetts
Friday Snapshots – ENCORE, North Carolina State University, Raleigh
Philosophical Café – PILLAR Institute for Lifelong Learning, Colorado
Papal History from 1303-Present – Lifetime Learning Institute, NOVA, Virginia
Revolution! – Learning in Retirement, Iona College, NY
Distinguished Lecture Series – OLLI, University of Michigan

Under LLI PROGRAM IDEAS 2
LLI News for November

LLI CONGRATULATIONS
LLI Congratulations for November

LLI PROGRAM IDEAS 1 & 2
Recently EIN was told by several different people how useful this newsletter is, both in terms of suggesting creative ideas for new courses, and for helping give LLIs a sense of connection. We are delighted to hear that the newsletter goals are being met. It’s not possible, however, to fit all the wonderful course ideas we learn about into this newsletter, which is why we also have two other documents, LLI Program Ideas 1 & 2. So, if you’re looking for even more ideas give these two columns a look. They’re easy to download and store in a binder for future reference, or to pass on to your Curriculum Committees.

UPCOMING CONFERENCES
Midwest Region Lifelong Learning Conference, April 10-12, 2013 – Sponsored by the Academy of Lifetime Learning, Eastern Illinois University, Charleston. To be held at the Hilton Suites Chicago Magnificent Mile, 198 East Delaware Place, Chicago. The conference organizers have a new web site up where you can find all the current information. Be sure to visit http://www.eiu.edu/adulted/2013midwestconf.php. For more information please contact Janna Overstreet at academy@eiu.edu

Northeast Regional LLI Conference, April 19 – 20, 2013 - Sponsored by the Second Half Lifelong Learning Institute, University of Massachusetts, Dartmouth. The theme of the conference is Live*Learn*Connect. The conference will be held at the Fairfield Inn & Suites and the adjacent Waypoint Event Center in New Bedford, Massachusetts. The hotel in on the historic New Bedford waterfront and many of the rooms have a water view. The conference schedule includes:
Friday evening, April 19th – A cocktail hour beginning at 5:30PM and followed by a dinner at 6:30PM catered by Russell Morin Fine Caterers at the New Bedford Whaling Museum. The Whaling Museum is a world-renowned museum that brings to life the rich history of the whaling industry and New Bedford. The dinner will be followed by a keynote address on Brain Health across the Lifespan by Paul Nussbaum, Ph.D., ABPP, Clinical Neuropsychologist and Adjunct Professor of Neurological Surgery at the University of Pittsburg School of Medicine.
Saturday, April 20th – Will feature a continental breakfast, a choice of workshops on a variety of topics, lunch and a concluding event. Workshops for the conference will include such topics as “Master Class: “Lifestyle DNA” of A Population of Older Americans,” presented by Peter Spiers, Vice President of Road Scholar. “Connections for Learning” is a workshop that will be presented by Nancy Merz-Nordstrom of the Elderhostel Institute Network, Don Tritschler of the Explorers of Salem State College and Frania Monarski, Senior Program Manager of Road Scholar. Paul Schatz, Founder and President of Heritage Capital in Connecticut and frequent commentator on MSNBC, USA Network, PBS, Bloomberg TV, WTNH and FOX 61 will do a presentation entitled, “Top 5 Things You Need To Know For a Safe and Secure Retirement”. Peter Bleyler, President of ILEAD, Dartmouth College in New Hampshire will present “Developing a Strategic Plan”. Cathy Reinis and Henry Young of Bard College, New York, will facilitate a panel discussion and interactive workshop on “Growing Pains: The Joys and Challenges of Success”. There will be a total of fifteen workshops in all and a full schedule will be sent out to everyone who registers for the conference so they can select the workshops they want to attend.

The closing event of the conference will feature Loretta LaRoche, acclaimed stress expert, motivational speaker, author and humorist. Loretta is the founder and president of The Humor Potential, Inc., a company offering programs and products for lifestyle management. Loretta is the author of “Juicy Living, Juicy Aging” and several other books. She is a well-recognized TV personality on PBS having presented seven one-woman television specials. Her presentation will send you home feeling energized and ready for whatever comes next.

We hope you will attend. If you want more information, please contact Beverly Stevens at secondhalf@umassd.edu. For even more details visit the conference website at www.umassd.edu/secondhalf/conference

50th ANNIVERSARY CONGRATULATIONS

Congratulations to the Institute for Retired Professionals at the New School in New York City, the very first lifelong learning program. They kicked off the official beginning of their 50th anniversary year with a gala celebration on Saturday, October 13th. The afternoon was topped off with cake and champagne as befits any proper Golden Anniversary party. Here is a report from their EIN Liaison, Susan Forlenza.

The Institute for Retired Professionals at the New School in New York City Celebrates Its Fiftieth Anniversary

The Institute for Retired Professionals (IRP) at the New School for Social Research in New York City kicked off the celebration of its fiftieth year with a well-attended program at the Tishman Auditorium on Saturday, October 13th. Founded in 1962 by a group of retired teachers who wanted to keep on learning, the IRP was the first “institute of learning in retirement,” a movement that has spread to more than 500 universities worldwide.

A proclamation by Mayor Michael Bloomberg declared that Saturday to be IRP Day in New York City; the Mayor commended the IRP, noting that “ceaseless learning is life’s greatest adventure.” The assembled students and guests were then treated to a fanfare for brass quintet composed for the occasion by David Tcimpidis, Professor of Music at the New School and played by students of the Mannes College of the New School for Music.

After remarks by David Scobey, Executive Dean of the New School for Public Engagement, Robert Dallek, Ph.D. gave the keynote address entitled “The Making and Unmaking of American Presidents.” Dr. Dallek, a distinguished presidential historian has written numerous books on American presidents and is currently a historian-in-residence for President Barack Obama.
Dr. Dallek has met regularly with a number of Presidents and gave insightful descriptions of the pressures experienced by them in times of crisis. He noted that the successful President was able to articulate a clear vision for the country and formulate policy based on that vision. Dr. Dallek laced his remarks with several humorous anecdotes including the following:

On one occasion when President Obama stated his frustration with Congress, Dr. Dallek countered with a quotation from Mark Twain:

“How does one differentiate a Congressman from an Idiot; but gentlemen, I fear I repeat myself!”

He described an argument among a physician, an engineer and a politician as to which of them was the most important. The physician declared that he had created modern man; the engineer responded that he had created Order from Chaos; but the politician trumped with the observation “Who do you think created the chaos in the first place?”

After a lively question-and-answer session with Dr. Dallek, the audience adjourned for cake and a champagne toast. Special anniversary events will continue throughout the year.

Thank you, Susan.

To continue their 50th Anniversary celebration, so many of the IRP members want to travel to Cuba with Road Scholar that two simultaneous programs need to be run. The Cuban Art Revolution: Meeting the Artists and People of Cuba (Program #20610), is taking in January, 2013, with two groups of IRP members traveling at the same time, but with an adjusted itinerary that allows them to take the same program.

25th ANNIVERSARY CONGRATULATIONS
The Osher Lifelong Learning Institute at the University of Michigan is celebrating its 25th Anniversary this fall. They started the celebration at their Fall Kick-off Event in September with entertainment, information for all members on the upcoming year, and refreshments.

20th ANNIVERSARY YEAR
Congratulations to the Academy of Lifelong Learning at Lincoln Land Community College in Springfield, Illinois. They are celebrating their 20th Anniversary year in 2012 – 2013. The year-long celebration started with the popular Fall Kick-off. Leaders of interest groups and courses were on hand with displays for attendees to visit, to answer questions and meet new members. The Book Lovers group sponsored a book swap and Committee chairs discussed upcoming plans. Refreshments were served and a good time was had by all.

GALAPAGOS FAMILY VISIT
Erika Lewis, an active member of the Osher Lifelong Learning Institute at the University of Georgia in Athens is taking fourteen members of her family on a Road Scholar Charter program to the Galapagos Islands over the Christmas holidays. What a wonderful gift!

LLI WEB SITES
EIN has been reviewing LLI web sites. They are very well done, and most provide good information for both your members and the general public. But, why not let the world know that your LLI is part of a large, global movement too? Just put a link on your Home Page or, in the LINKS section, to the Elderhostel Institute Network. For those who would like to add this helpful link, here it is – http://www.roadscholar.org/ein/intro.asp - be sure to label it - The Elderhostel Institute Network - Thanks, again!
LLI PROMOTION
An excellent LLI promotional piece came in to EN the other day – an 8 ½ by 6 inch full-color postcard from the Osher Lifelong Learning Institute at the University of Michigan. The postcard was designed to promote their ‘menu’ of offerings which included, “Appetizers” (lecture series) – “Entrees” (the courses) – “Sweets” (travel) and “Post Prandial” (evening activities). They also managed to work an explanation of their program along with costs into the design. The postcard was very cleverly done and definitely kept you reading. If you’d like to see one of the postcards for yourself, I’m sure they’d be happy to send it to you. Contact them at germedoll@umich.edu

CALL FOUNDER TO SPEAK
Last month, Mike Haines, a former Dean of Arts and Humanities at Keene State College in New Hampshire, presented "The Last CALL." Mike created the Cheshire Academy of Lifelong Learning (CALL) at Keene State. He talked about the origins of CALL, Elderhostel, and his involvement with both organizations. He then discussed what he has learned from teaching both Elderhostel and CALL programs, and from teaching in general.

SURVEY RESULTS
The Board of Directors of the Lifetime Learning Institute at Northern Virginia Community College in Annandale conducted a survey to obtain members opinions and ideas on many different aspects of the organization. One of the suggestions was for more courses of shorter duration; members indicated it was difficult to commit to something that runs for 8-10 weeks. The Board agreed and plans to keep that in mind for the future.
From EIN - Shorter courses is one of the ways LLIs can appeal to the Baby Boomers who have many different interests and are not focused on just one area.

GETTING TO KNOW EACH OTHER
The Osher Lifelong Learning Institute at Coastal Carolina University is holding a series of planned socials at local community venues. Not only will these events give members a chance to meet each other, the socials will also give everyone the opportunity to familiarize themselves with the rich resources the area has to offer. The first social was held at the Burroughs-Chapin Art Museum in Myrtle Beach. Participants enjoyed refreshments, a reading by Jim Rogers from his new book *Starts and Stops Along the Way*, and guided tours of the museum.

MORE COURSES ON THE CIVIL WAR
Members of the PILLAR Institute for Lifelong Learning in Colorado Springs studied:
Women Who Fought in the Civil War – Although much has been written about the American Civil War, a little-known fact is that women, disguised as men, fought in both the Confederate and the Union armies. This course touched on the stories of several of these women.
What Did A Civil War Soldier Wear, Carry and Eat? – This course was an opportunity to learn first-hand about the clothing, equipment, weapons and food that were common to all Civil War infantrymen. Both reproduction and actual Civil War items were displayed and discussed.

From the Lifetime Learning Institute at Northern Virginia Community College in Annandale: Lincoln, Slavery, and Emancipation: A Sesquicentennial Seminar – This course will examine Abraham Lincoln’s evolving positions on slavery and emancipation as an Illinois legislator, Member of Congress, and President.
Mystery & Controversy: Women Soldiers of the American Civil War – Often overlooked in the study of the War is the topic of women who disguised themselves as men to serve as soldiers. Why did they enlist? How did they disguise themselves? How were they able to go undetected? What is the significance of their service? Participants look not only at several of the best documented women soldiers but also at some of those who are less well known.

The Underground Railroad Quilt Codes: Fact or Fiction? – When slaves were captured and forced to leave their homeland, they brought with them the knowledge of weaving cotton into fabrics and quilt patterns rich in African traditions. They used this knowledge to communicate with each other, and it is possible that quilt patterns were used as codes during escapes via the Underground Railroad network. Participants will learn how quilts were a means for slaves to communicate and can decide for themselves if stories about secret messages hidden in quilt patterns and colors are reality or fantasy.

This fall, members of the Institute for Learning in Retirement at Cedar Crest in New Jersey will study Turning Point in American History: The Civil War and its Effects. Would it be a sovereign national government or a confederation of sovereign states? Would it establish the largest slave-holding country in the world or were men created equal? These are just some of the topics to be discussed in this 10-week course.

From the Adult Learning Institute at Columbia-Greene Community College in Hudson, New York:

Listen and Learn: Civil War and Greene County – The program will include a discussion of how Greene County has been commemorating the 150th anniversary of the Civil War. The presentation will also include highlighted stories about many of the men from the county who served in the 20th (80th) and 120th NYS Volunteers as well as other units.

FALL FELLOWSHIP FESTIVAL
Last month, members of the Adult Learning Institute at Columbia-Greene Community College in Hudson, New York celebrated the gifts of the fall season. The festival was the perfect place to taste products made with apples, pears, pumpkins and other crops of the season, and to share the recipes. Along with delicious goodies, members, old and new, were able to meet and mingle and discuss upcoming programs and events.

INSTITUTIONAL FACULTY
The PILLAR Institute for Lifelong Learning in Colorado Springs has begun looking for organizations and individuals in Colorado Springs and El Paso Counties to become “Institutional Faculty Members.” There are many organizations and institutions in the area that currently offer their particular focus to the community through their own programs. Exposing these opportunities to the thousands of PILLAR members, participants and supporters through inclusion into the curriculum provides a win-win situation. The concept of an Institutional Faculty Member assumes a commitment from those participating organizations or institutions to design and present on a regular basis, a class or tour, to be included in the PILLAR preview catalog of classes, lectures, seminars and tours. The staff, employees or volunteers of the Institutional Faculty Member would present these offerings and facilitate the presentation. PILLAR is asking its members who might have relationships with people in organizations that could offer ongoing learning opportunities in their areas of expertise to contact the PILLAR staff person responsible for this program.
A WALK ACROSS THE BROOKLYN BRIDGE
Back by popular demand, members of the Institute for Learning in Retirement at Albertus Magnus College in Connecticut took a leisurely stroll across the Brooklyn Bridge in September. The Bridge, a magnificent attraction completed in 1883, has become an iconic part of the New York City skyline, is on the Nation Historic Landmark Register, and is a “Broadway” like no other. After the walk, participants enjoyed lunch in a local Mexican restaurant. Dessert was served in a “surprise” location.

THE MORAL BRAIN
This fall, members of the Adult Learning Institute at the University of Connecticut will be exploring questions such as: Should the research on the neuroscience of morality be interpreted as suggesting new approaches for improving, or perhaps enhancing, moral intuitions, attitudes, judgments, and behavior or for reforming social institutions? Can we create more effective educational tools for improving moral development? If it is possible to engineer ourselves to higher states of virtue, which virtues or cognitive capabilities will it be safe to enhance and how? And – What might be the unanticipated side effects of attempts to enhance moral behavior?

DNA PROFILING
This fall, members of the Lyceum at Binghamton University in New York are studying DNA Profiling – what it is, how it works, what it reveals (and doesn’t reveal). Used to establish paternity, identify human remains, and decide whether to convict or exonerate, the shortcomings of the criminal justice system are sometimes revealed by exonerations. Participants will learn how this is addressed.

LATIN AMERICAN WOMEN WRITERS
This fall, members of the Osher Lifelong Learning Institute at the University of Michigan will examine a collection of short stories by Latin American women writers A brief discussion of the short story as a literary form will also be included.

100 YEARS OF TARZAN
This course being given by the Lifelong Learning Institute at James Madison University in Virginia will examine Edgar Rice Burroughs’ life leading up to his decision to become a writer. It will look in detail at how the seminal works at the beginning of his career changed his life. Of particular importance will be the role that motion pictures took in reshaping the character of Tarzan. The role of artists in pulp magazines, in book jackets, in newspaper comics, and in comic books, will be examined as well.

THE BOUNDARY STONES
This fall, members of the Lifelong Learning Institute at Northern Virginia Community College in Annandale learned about the boundary stones of the District of Columbia, placed by George Washington. The rough-hewn sandstone columns exemplify the simplicity of our early days yet endure amidst the urban sprawl that characterizes our modern Nation’s Capitol. Few locals appreciate their enduring message and hardly any visitor to Washington, D.C. seeks them out, but the boundary stones remain of the utmost importance to those who respect both the history of the area and the immortal name of George Washington.
IMMIGRATION: CAUSES, EFFECTS & EXPERIENCES
In this discussion, members of the Academy of Lifelong Learning at Lincoln Land Community College in Illinois examined some of the questions surrounding this topic including both the “push” (what factors in their home counties drive people towards the United States) and “pull” (what factors within the U.S. encourage people to come) that influence migration flows. They also looked at the legal processes within the United States in areas dealing with immigration and finally, some of the approaches to the topic proposed by various politicians.

LATIN & THE ENGLISH LANGUAGE
The Osher Lifelong Learning Institute at Rutgers University in New Jersey will be studying the impact of Latin on the English language this fall. The course will include the wealth of language that English owes to Latin. They will study prefixes and stems of Latin vocabulary, which will enable the students to dissect and comprehend words in English. The course will also provide a cursory and superficial study of Latin grammar.

CHILD LABOR
Members of Lifelong Learning at Regis College in Massachusetts will be studying the many issues of Child Labor, this fall. Two centuries ago, only the children of the elite were educated, the rest were set to work in their teens. Children in early America worked on farms, as apprentices and in the mines and factories. They were cheap labor. In this five-week course on Child Labor in the United States, participants will discuss why children were put to work, where they worked, the arguments for and against child labor, the legal battle to end child labor, and the reformers who believed that children should be in school, at least until age sixteen.

CREDIT CARD STATEMENTS
During the summer, the Academy of Lifelong Learning at Lincoln Land Community College in Illinois offered members a chance to learn more about their credit card statements at one of their breakfast roundtables. Participants got a chance to better understand their statements and learned to comparison-shop for credit cards.

RELATIVITY AND COMMON SENSE
The fall, members of the College for Older Learners (COOL) at Northern Essex Community College in Massachusetts will be studying this challenging topic. Science is supposed to be based on commonsense. Yet, the popular accounts of relativity theory emphasize the bizarre nature of some of the concepts of relativity. In these discussions they will attempt to see how relativity is based on common sense.

POLITICAL FILMS
During this political season, members of the Rivier Institute for Senior Education (RISE) in New Hampshire will screen five films to see how Hollywood has portrayed politicians and the election process.
UNCLE SAM AND JOHN BULL
This fall, members of the Lifelong Learning Society at Christopher Newport University in Virginia will be studying this topic. Uncle Sam and John Bull have enjoyed an important “special relationship” for over a century. This course will examine the close political, cultural and personal bonds between the United States and Britain, from Yanks and Tommies, to Roosevelt and Churchill, from Reagan and Thatcher, to Bush and Blair.

RECENT ADVANCES IN THE STUDY OF HUMAN ORIGINS
Significant strides in paleoanthropology have been made in the past several years. This course given at the Adventures in Learning program at Colby-Sawyer College in New Hampshire will examine how genetics, the dating of fossils and major climatic changes have shaped development in this field. It will cover man’s journey from “ground ape” to modern humans, looking at the positive and negative effects of brain and language development.

ENCOUNTERING GOD IN NARNIA
This fall, members of the Institute for Learning in Retirement at Bluffton University in Ohio are taking this eight-week course, led by a local pastor, in which they will try to discover and unwrap some of the theological insights C.S. Lewis wove into his seven-book series, The Chronicles of Narnia. They will first look at the author himself and his journey to faith before moving on to the major theological motifs and themes presented in each book, and in the series as a whole.

THE ART AND ARCHITECTURE OF SICILY
This past summer, members of the Frances Pew Hayes Center for Lifelong Learning at Hodges University in Florida studied this interesting topic. Sicily – the largest island in the Mediterranean – has a rich and unique culture that spans nearly three millennia. This course explored some of the Island’s Greek and Roman archaeological sites, its architecture, and one of its crowning glories – centuries of glowing mosaics.

THE BOOK CORNER
Members of the PILLAR Institute for Lifelong Learning in Colorado Springs recently read:
To Kill a Mockingbird, by Harper Lee

The Learning in Retirement Association (LIRA) at the University of Massachusetts Lowell are reading the following this fall:
Steve Jobs, by Walter Isaacson
The Right Hand Shore, by Christopher Tilgham
Destiny of the Republic, by Diane Millard

The Adult Learning Institute at Columbia-Greene Community College in Hudson, New York is reading:
Cutting for Stone, by Abraham Verghese

Members of the Academy of Lifelong Learning at Lincoln Land Community College in Illinois are reading:
Caleb’s Crossing, by Geraldine Brooks
CURRICULUM RESOURCES: NEW WEB SITES

Directory of health sites from the U.S. Department of Health and Human Services. There are sections for general health information, health news, special initiatives, and federal agencies.

InteliHealth – [www.intelihealth.com](http://www.intelihealth.com)
Consumer health web site that provides credible information and useful tools from the most trusted sources, including Harvard Medical School and University of Pennsylvania School of Dental Medicine. Established in 1996, InteliHealth has become one of the leading online health information companies in the world.

Mag Portal – [www.magportal.com](http://www.magportal.com)
Magazine articles on health. A searchable, browsable directory of magazine articles related to health topics that are available online. Topics covered include: Diet & Nutrition; Exercise & Fitness; Illness, Injury & Treatments. Updated every few days

Discovery Health – [www.discoveryhealth.com](http://www.discoveryhealth.com)
A comprehensive resource for health information. Features include health news, a nutrition guide, health info for people of all different ages, a reference room, and "Ask a Doc."

That’s all for this month.

Nancy Merz Nordstrom, M.Ed.
Elderhostel Institute Network
Road Scholar
11 Ave de Lafayette | Boston, MA 02111 | (617) 457-5564 tel.
nancy.merz-nordstrom@roadscholar.org
[www.roadscholar.org/ein/intro.asp](http://www.roadscholar.org/ein/intro.asp)

Road Scholar is the program name of Elderhostel, Inc., the not-for-profit world leader in lifelong learning.

The beautiful thing about learning is that no one can take it away from you. – BB King